

Mon	6	7:00pm	11:30am Mass Choir Practice
Tue	7	6:45pm 7:30pm 7:30pm	Novena Benediction K / C Executive Meeting
Wed	8	7:00pm	RCIA / RCIC
Thur	9	1:00pm 1:30pm 7:20pm 7:30pm 7:30pm	Over 60 Rosary & 2pm Whitehorn Seniors Mass "Forgiven" Video Presentation Altar Server Meeting Legion of Mary
Fri	10	6:00pm 7:00pm 7:30pm	Prayer Group Meeting Stations of the Cross Church Cleaning Team #7
Sat	11	2:00pm	12:30pm Mass Choir Practice
Sun	12	10:00am	Sunday School

Our Parish Prayers: A time to heal... Emilia Banayo, Carole Schmidt, Greg Fleming, Jackie Thibert, Angelica Riccio, Patricia Seaton, Theresa Wilson, Margaret Johnson, Pat Healey, Rolando & Amada Carandang, Ed Dimalanta, Jim & Pat Lawrence, Mila Mayuga, Renato Brion, Frances Lee, Keely McGregor, Liza Gascon, Baby Rebecca, Gloria Sta. Ana, Teresita Babac, Juliet Olangco, Cy Pavcik, Sonny Magnaye, Loretta Lasig, Regie Mori, Romualdo Vaz, Aida Neguse, Margaret Johnson, Roberto Basa, Darry Mendonca, Paul Chin, Sharon Anderson

A time to die... +Nolyon Janolino +Maria Caro +Robin Keating +Igmedia San Juan +Virgilio Madinga +Bonifacio Mendoza +Baltazar Mendes +Trevor Soroka +Robert Gough +August Villestas +Monique Lavallee +Roy Hoard +Mario Bala +Abiem Akel +Carlos Monroy +Jacqueline DeCarlo +Edna Balatbat +Juan Casocot +Celestina Rediculo +Saloma Manipon +Leonarda Mejia +Marina Gandia +Mary Hanz
Lord grant them eternal rest.

First Sunday of Lent: Gen. 2.7-9, 16-18, 25; 3.1-7++; Rom. 5.12-19 (longer) Rom. 5.12, 17-19 (shorter); Matt. 4.1-11 At the beginning of this Lenten season we hear proclaimed the story of Jesus' temptation in the desert. He responds to the first temptation by saying that one does not live by bread alone but on every word that comes forth from the mouth of God. The season of Lent invites us to consider how we nourish our hearts, how we act as stewards of the Word of God entrusted to us. A good reflection for the week: What do we live on? What keeps us going? Could it be possessions, prestige, the need to be in control, the need for security, addictions? Or the fervent desire to listen to God's word?

ICSC March 2017 e-Bulletin

Holy Land Tour to Israel, Palestine and Egypt
From July 16 - 27, 2017
For further inquiry please contact Fr. Godwin Pinto
Phone: 403-285-3773

Sat	4	9:00am 5:30pm	+William Labiuk For the People
Sun	5	9:00am 10:45am 12:30pm 5:00pm	Thanksgiving Marilyn Castro Thanksgiving +Joanna Byun
Mon	6	9:00am	Francisco & Blanca Noriega
Tue	7	7:00pm	For the Souls in Purgatory For the Sick
Wed	8	9:00am	+Theodora & Albert Davis
Thu	9	9:00am 6:45pm	+Kyle Casebeer +Hazel Los Banos
Fri	10	9:00am	+Albino Mayuga +Soledad Casa

Sunday Collection: Collection for last week was \$8,262.70. TIA to date for 2017 is \$4,228.80. Our 2017 target is \$43,837.00.

NOTE: Any surplus from this campaign will be used for our Church Renovations; Roof, Repairs Air Conditioning/Heat and Sanctuary Renovation.

WELCOME TO OUR FAITH FAMILY: Congratulations to Axel Elemento, Oghenekaro Ugherughe, Inioluwa Ayanjinrin, Daniel Pascua and Emma Pennant who were baptized this past weekend.



first reading, Adam and Eve speak with the devil (the serpent) and, believing the lies he tells them, fall into sin. In the Gospel reading Christ rejects all of the devil's approaches and rebukes him. We need to turn away from sin and be faithful to the Gospel. Bringing our sins to confession renews our relationship with God and restores us to the joy of his salvation.

Action: Begin your journey in Lent by ending any negotiations with the devil and opening up communication with God.

The Sacrament of Reconciliation will be offered on Wednesdays March 8, 15, 22 and 29, April 5 and 12 from 7:30 - 8:30pm.



THANK YOU - CNOY - Coldest Night of the Year: We are thrilled to announce that CNOY 2017 raised over \$102,000 for the three partners this year. On behalf of the Planning Committee, thank you to everyone in the Diocese who participated. We could not have had such a successful event without you, our walkers, volunteers and donors. Proceeds will be split equally between the Diocese's Feed the Hungry program, KAIROS Calgary and their efforts to payoff the mortgage on Bankview Apartments (owned by the Calgary Homeless Foundation), and the Mustard Seed. If you did plan on donating but didn't get a chance, donations are still possible online at www.cnoy.org/calgary. If you have any questions, reach out to Samantha Jones at samantha.jones@calgarydiocese.ca. Thank you again from the bottom of our hearts!

ENCOUNTERING JESUS IN LENT - A retreat for single women, ages 18+ will take place on Saturday, March 11, 2017 from 9am to 4pm at St. Cecilia's Church, 321 - 90th Ave SE, Calgary. **Please register by March 6th** on Facebook: www.facebook.com/calgaryvocationsretreat or email: Sr. Terry, f.c.j. at tksmithfcej@yahoo.ca or call 403-228-3623.

DEVELOPMENT AND PEACE SHARE LENT CAMPAIGN WORKSHOP - "Women at the Heart of Change" is the theme for Share Lent 2017. Come and hear about women who have dared to make their voices heard and contributed to laying the foundation for an inclusive society. We extend a special invitation to all CWL members. We also pay tribute to women who have inspired us. Special guest will be Michelle Hoogveld who will share stories from her recent solidarity tour of Cambodia. March 11, 2017 at St. Bonaventure Parish, 1600 Acadia Dr. SE. 10:00am - 2:00pm. All are welcome to attend Mass at 9:00am. Lunch will be potluck. Please call 403-218-5523 to register. Cost is free.

PRISON MINISTRY WORKSHOP - Please note a date change for one of the sessions - Tuesdays March 7, 21, 28 and April 4, 2017, 7:00 pm to 9:00 pm at the Catholic Pastoral Centre, 120 - 17 Ave SW, Calgary. The workshop is open to current volunteers or anyone interested in prison ministry. The first session will be on the criminal justice system with Weston Rudd. To register or for more information, please contact Marilou at 403- 218-5519 or marilou.legeyt@calgarydiocese.ca.

34TH ANNUAL OUTDOOR WAY OF THE CROSS - 34th Annual Outdoor Way of the Cross will be on Good Friday, April 14th, 2017. We need volunteers as readers, cross bearers and to help with crowd control, volunteer registration, First Aid and lost persons. We are especially in need of volunteers with First Aid certification or those interested in helping out with Lost Persons. Volunteers for these positions will need to have a security clearance, which we can help facilitate. If you would like to help, please register at www.wayofthecross.ca. We will need to have a registration completed for each person volunteering. Any questions please contact marilou.legeyt@calgarydiocese.ca or call 403-218-5519.

YOUTH RALLY 2017 - The Youth Office invites all youth ages 12 - 18 to participate in this year's Youth Rally on April 22, 2017 in St. James Parish in Okotoks. Come and join Michael Chiasson, Fr. Daniel Gurnick OFM and the Panic Squad for a day filled with music, awesome talks and great fun. For more information and to register please visit: www.theyellowtree.ca or ask your Youth Group Coordinator or your Parish Priest.

Youth Rally Volunteers Needed: Volunteers for this year's Youth Rally are needed. If you are over 18 years of age and screened through your parish or the diocese, please consider volunteering on April 22nd at St. James Parish in Okotoks. For more information please contact Harriett in the Youth Office at 403-218-5507 or harriett.cariaga@calgarydiocese.ca

FAITH ENRICHMENT FOR SENIORS - The Faith Enrichment for Seniors group will be held on Monday March 6, March 13, March 20, March 27, and April 3, 2017 at St. Joseph's Parish from 1:00 pm to 3:00pm. No registration is necessary and all are welcome. For further information contact Norline at 403-218-5503 or e-mail norline.johnson@calgarydiocese.ca

RETRouvaille CALGARY WEEKEND RETREAT - A Lifeline for Marriages. Two people are joined together in marriage. Along life's journey, we may lose our way and start to grow apart. Retrouvaille provides a 'road map' to help us find our way again by teaching communication skills and providing the tools to improve our relationships. Call for help today, 403-879-7893, coordinator@RetrouvailleCalgary.com or www.helpourmarriagecalgary.com. Next weekend retreat is March 10-12, 2017.

PROJECT RACHEL POST ABORTION WEEKEND RETREAT - The retreat offers a journey of healing and reconciliation for women and men who are suffering distress from a past abortion experience. It will be facilitated by professional counselors who are specially trained to deal with the trauma associated with this experience. The next retreat is scheduled for March 17-18, 2017. For more information or to register call Project Rachel at 403-218-5506 or toll free at 1-877-597-3223. You may also e-mail info@projectrachel.ca.

DIOCESAN PALLIATIVE CARE EDUCATION PROGRAM - The Spring 2017 Diocesan Palliative Care Education Program Part 1 and Part 2 will take place at St. Bonaventure Parish, 1600 Acadia Drive SE, on April 28 & 29, and May 5 & 6, 2017. The Program is on the two Friday evenings and all day both Saturdays. Registration fee: \$50. For more information or to register, please call 403-218-5501, Email: healthcareprograms@calgarydiocese.ca, or online at www.calgarydiocese.ca.

**VIDEO PRESENTATION & GROUP STUDY
"FORGIVEN"
THE TRANSFORMING POWER OF CONFESSION**
THURSDAYS: MARCH 2, 9, 16 & 23
7:20PM TO 8:15PM
SMALL PARISH HALL

**LENTEN PARISH MISSION
SPIRITUALITY OF STEWARDSHIP MISSION**
Fr. Daryl Befort
Threefold call of Discipleship:
Deny Yourself, Take up your Cross, Follow Christ
MARCH 29, 30 AND 31 AT 7:00PM

DEVELOPMENT AND PEACE: Supporting women is a priority for Development and Peace – Caritas Canada. For this year's Share Lent campaign, we invite you to listen to the voices of women who are working to build the world of tomorrow — Women at the heart of change. Our first testimonial is from Marta and Silvia, two women from Paraguay who are members of an Indigenous women's farming association supported by Development and Peace – Caritas Canada. "I wish that there was land for everyone, that women were free [and] that they had the freedom to organize and defend their rights," Silvia tells us. Women have always been at the heart of our organization! Did you know that in 1979, Development and Peace led a campaign to support the Grandmothers of Plaza de Mayo, in Argentina, whose children and grandchildren disappeared under the military dictatorship?

ATTENTION PARISHIONERS

2016 Tax Receipts have now been mailed out.

St. Vincent de Paul is in desperate need of the following food items: pasta sauce, canned pasta (chef boyardee/heinz) and kraft dinner..
Thank you for your generosity.

**DAYLIGHT SAVINGS: PLEASE REMEMBER TO
"SPRING" AHEAD ONE HOUR
ON SATURDAY, MARCH 11
BEFORE YOU GO TO BED**



**MARRIAGE PREPARATION SEMINAR
NEW DATES**

Friday, May 26 to Sunday, May 27, 2017
This seminar is for all engaged couples, civilly married or common-law couples. Kindly register with the parish office before Monday, May 12, 2017.
The cost is \$75.00 per couple.

**CONGRATUALIONS TO ELECT
AND CANDIDATES!**

Please pray for them as they journey towards Easter.

**CANADIAN CATHOLIC ORGANIZATION
FOR DEVELOPMENT AND PEACE (CCODP)
LENT 2017**

Through their prayer, fasting and almsgiving during Lent, Christians express their desire to turn toward God and to all God's children in preparation for Easter.

The Bishops of Canada have reserved the Season of Lent for a collection to assist the Global South. Normally this collection is held on the Fifth Sunday of Lent. On the day of the collection, an appropriate intercession may be added in the Prayer of the Faithful.

Founded and mandated in 1967 by the Bishops of Canada, and now a member of the *Caritas Internationalis* network of Catholic agencies, the *Canadian Catholic Organization for Development and Peace* financially supports development and aid projects in Africa, Asia and Latin America, and informs Canadian Catholics on international social justice questions.

"So many people even today hope to have enough to eat. The planet has food for all, but the will to share with everyone seems to be lacking. To prepare the table for all, and to ask that there be one table for all. Doing whatever we can so that everyone has food, but also reminding the world's powerful that God will call them to be judged one day, and it will be demonstrated whether they have truly tried to provide food for Him in each person (cf. Mt 25.35) and whether they have acted in order that the environment would not be destroyed but would be able to produce this food."

Pope Francis, Homily during the Mass at the opening of the 2015 General Assembly of *Caritas Internationalis*

ORDO 2017

St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

Phone: (403) 285-3773 & Fax: (403) 293-8754

Email: st.thomas.more@shaw.ca & Website: www.stthomasmore.ca

Office Hours: Mon. 9:00am - Noon & Tue. to Fri. 9:00am - 12:30pm & 1:00pm - 3:30pm

A collaborative ministry of the Carmelite Fathers and Lay Parishioners



MARCH 4/5, 2017 - FIRST SUNDAY OF LENT

PASTOR: Fr. John Alex Pinto, OCD

ASSOCIATE PASTOR: Fr. Godwin Arun Pinto, OCD

PERMANENT DEACON: Deacon Norman Dumais

PARISH SECRETARY: Lori Tremblay

ACCOUNTANT: Anna McKiernan

HOSPITALITY: Everyone in the Parish!

WEEKDAY MASS SCHEDULE

Monday 9:00am; Tuesday 7:00pm; Thursday 6:45pm;
Wednesday to Saturday 9:00am

Baptisms: An initial appointment with one of the Priests is required before attending a session.
Next class: Saturday, April 1, 2017 at 10:00am

First Eucharist (Communion): Registration: January 2018

First Reconciliation: Next Registration: Fall of 2017

Confirmation: Mandatory Orientation Session for Parents & Candidate/s on either Saturday, April 29 or May 6, 2017 @ 9:00am in the Large Basement Hall.

WEEKEND MASS SCHEDULE

Saturday 5:30pm Youth Focused
Sunday 9:00am, 10:45am, 12:30pm & 5:00pm
(Igbo Mass 1st Sunday of the Month @ 2:00pm)

Morning Prayer: Mon. 8:40am & Wed. to Sat. 8:40am
Perpetual Help Novena: Tue. at 6:45pm
Adoration: Fri. 9:30am to 4:00pm and First Tue. 7:30pm
Infant Jesus Novena: Thu. at 6:45pm
Cancer Mass 7:00pm: Tue. May 16, 2017 at 7:00pm
Rosary: Sun. 8:20am & 10:15am
Anointing of the Sick: Please call the Parish Office
Reconciliation: Tue. 6:15pm and Sat. 4:30pm

**BE A GOOD STEWARD
OF THE LENTEN SEASON**

The Lenten season prepares us for the celebration of Easter. It is a time for Christians to embrace prayer, fasting, and almsgiving in a more concerted way. For some it is a time of healing, an opportunity to repair their spiritual brokenness. For others it is simply a good time to cultivate their spiritual lives in a more disciplined manner. The goal of Lenten practices: to prepare ourselves to enter into the paschal mystery of Holy Week with a more humble spirit and determination to follow Jesus Christ. This ancient triad of prayer, fasting and almsgiving offers wonderful spiritual benefits. Being a good steward of these gifts by planning ahead and following through is essential to having a fruitful Lenten experience.

Prayer: What greater gift could we give ourselves during Lent than the gift of prayer? The fruits of developing a disciplined time of prayer are bountiful. Make plans for a prayer time each day. Do not wait until you "find time" but make a time of prayer your priority. This will involve sacrifice on your part - perhaps giving up some television viewing time, using part of your lunch hour, or getting up in the morning earlier than usual. Along the way,

spend some time in extra prayer with the community: a weekday Mass, Stations of the Cross. Whatever you decide, resolve to spend more time with the Lord.

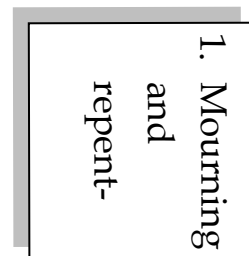
Fasting: Christian stewards understand that all they receive, including the bountiful food and drink that is often taken for granted, ultimately comes from the Lord. By denying ourselves food for a time, we are reminded in physical and emotional ways of the Lord's generosity. As we fast, thoughtlessness is replaced by gratitude and mindfulness of the needs of others. The ancient practice of fasting also conditions us for greater spiritual practices. Incorporate some aspect of fasting from food or drink into your Lenten practice, something in addition to the sacrifices we made on Ash Wednesday and the Fridays of Lent.

Almsgiving: This spiritual discipline heightens our sense of generosity. Just as an increase in prayer and fasting leads us to be more grateful for the gifts we've received, and promotes a greater awareness of others, almsgiving helps us to reach out to others in gratitude. Just as we don't "squeeze in" time to pray during Lent, we also don't scrutinize our checkbook when being generous with others. Again, make a plan and let a meaningful sense of sacrifice be your guide.

ICSC March 2017 e-Bulletin

KIDS & SENIORS CORNER #121

1. What do the ashes on your forehead represent?
2. What is the history and importance of the number 40 in the days of Lent?
 - 40 is a number dedicated to Discipline in the Bible.
 - 40 is the number of days Moses stayed on the mountain of God.
 - 40 days that Elijah travelled before he reaches the cave and had a vision.
 - 40 days were given to Nineveh to repent.
 - 40 days that Jesus spent in prayer and fasting before beginning his ministry.



Contributed by Nyles Fernandes