

# St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

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**Pastor:** pastor@stthomasmore.ca

**Associate Pastor:** associate@stthomasmore.ca

**Parish Office:** secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

**Office Hours:** Monday & Sunday - Closed  
Tuesday to Saturday - 10:00am to 3:00pm (Office is closed for Lunch from 12:30pm to 1:30pm)

*A collaborative ministry of the Carmelite Fathers and Lay Parishioners*



## 3rd Sunday of Lent, March 7/8, 2026

### **Pastor:**

Fr. Jerald D'Souza, OCD

### **Associate Pastor:**

Fr. Alexander Braganza, OCD

### **Permanent Deacons:**

Deacon Norman Dumais

Deacon Dale Laing

### **Office Assistant:**

Rachael Ramaswamy

### **Administrative Assistant:**

Fe Badajos

### **Bookkeeper:**

Cindy Kreutzer

### **Hospitality:**

Everyone in the Parish!

### **Weekday Mass Schedule:**

Monday to Saturday: 9:00am

### **Weekend Mass Schedule:**

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,  
12:30pm & 5:00pm

### **Igbo Mass:**

First Sunday of the Month: 2:00pm

### **Adoration:**

First Friday of the month:  
9:30am to Noon

### **Reconciliation:**

Tue., Wed., Thu., & Fri.:  
After the morning Mass  
Saturday: 2:30pm to 3:30pm

### **Baptisms:**

An initial appointment with  
one of the Priests is required  
before attending a session.

### **Confirmation:**

On-line registration is now open  
at [www.stthomasmore.ca](http://www.stthomasmore.ca)

### **Society of St. Vincent De Paul:**

(403) 975-4318 (Food Hampers)

WATER POURS THROUGH today's readings, soaking us with grace. In the desert, water pours from a rock with divine energy. St. Paul tells us that God's love is poured into our hearts through the Holy Spirit. The well water drawn by the Samaritan woman becomes living water poured into her life through her meeting with Christ.

These are moments of grace. Grace is a word that eludes easy explanation, but we sense it in what Celtic Christians call "thin" places or locations where we feel God's presence. The distance between us and God is thin. Our churches are thin places, as we are awe-inspiring sights in creation. Places where the needy are served are thin places. These are places soaked with grace.

The well was a very thin place for the Samaritan woman. She encountered the sacred as Jesus sat, listened and encouraged her. This love-infused sacred grace transformed her, leading her to bring that grace to others.

Where are our thin places? Where are our wells? Seeing Christ in the face of our beloved? Seeing Christ in the face of the stranger? Seeing Christ in our worship? Seeing Christ in our solitude? Seeing Christ in the beauty of creation? In its wounds? From these thin places we draw the living water that satisfies our deepest thirsts and blesses our daily pilgrimages towards holiness.

*(Living with Christ, March 2026) - Les Miller*

### **Readings:**

**1st Reading: Exodus 17.3-7**

**2nd Reading: Romans 5.1-2, 5-8**

**Gospel: John 4.5-42**

This long dialogue around thirst and water has long been one of the Church's prime Scriptures to illustrate the journey from unbelief to faith. Therefore, it is aptly connected to the baptismal journey of the catechumens during Lent. The awakening of faith in the newly baptized re-ignites the fervent of the Church's faith. The powerful Gospel accounts speaks for itself!

- From this reading, what do you observe about the stages of faith development?
- Are there elements in the story that suggest that the Samaritan woman is marginalized or considered undesirable in her community? Who is it in your neighborhood/town who is considered less desirable?
- Why do you think Jesus chooses to reveal himself to a woman, to a Samaritan/outsider?
- For what do you thirst — in families, your workplace, your parish?

*(Reflection: Diocese of Saskatoon)*

**We wish all women a very happy Women's Day  
International Women's Day is March 8, 2026**

**Daylight Saving Time begins March 8, 2026 at 2am local time,  
when clocks will move forward one hour.  
Don't forget to change your clocks!**

