

St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

Phone: (403) 285-3773 | Fax: (403) 293-8754

Pastor: pastor@stthomasmore.ca

Associate Pastor: associate@stthomasmore.ca

Parish Office: secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

Office Hours: Monday & Sunday - Closed

Tuesday to Saturday - 10:00am to 3:00pm (Office is closed for Lunch from 12:30pm to 1:30pm)

A collaborative ministry of the Carmelite Fathers and Lay Parishioners



4th Sunday in Ordinary Time, January 31/February 1, 2026

Pastor:

Fr. Jerald D'Souza, OCD

Associate Pastor:

Fr. Alexander Braganza, OCD

Permanent Deacons:

Deacon Norman Dumais

Deacon Dale Laing

Office Assistant:

Rachael Ramaswamy

Administrative Assistant:

Fe Badajos

Bookkeeper:

Cindy Kreutzer

Hospitality:

Everyone in the Parish!

Weekday Mass Schedule:

Monday to Saturday: 9:00am

Weekend Mass Schedule:

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,

12:30pm & 5:00pm

Igbo Mass:

First Sunday of the Month: 2:00pm

Adoration:

First Friday of the month:

9:30am to Noon

Reconciliation:

Tue., Wed., Thu., & Fri.:

After the morning Mass

Saturday: 2:30pm to 3:30pm

Baptisms:

An initial appointment with one of the Priests is required before attending a session.

Confirmation:

On-line registration is now open at www.stthomasmore.ca

Society of St. Vincent De Paul:

(403) 975-4318 (Food Hampers)

THE TRADITIONAL SITE of the Sermon on the Mount is on a hill that rises only about 200 meters above the Sea of Galilee, not far from the site of the fishing village of Capernaum. The climb up its gentle slope with Jesus would not have been hard. One can imagine a grandparent holding the hand of a small child on that easy hike.

Gathering with neighbors and friends, the crowd sat down to listen to a man who would make this region the center of his public ministry. Jesus used the backdrop of the olive groves and green meadows below, rolling hills to the south and the blue sea to the east as his amphitheater. It offered a tranquil setting for him to teach them.

He laid out before them a path towards a longed-for community of peace and goodwill where, by living the Beatitudes, social and spiritual justice would prevail. Experiencing then as now a broken world, his listeners knew exploitation, fear and injustice remained all too common. His teachings offered hope to all and they continue to resonate. Striving to live the Beatitudes brings Jesus' vision alive.

Zephaniah, six centuries before Jesus, provided a prophetic glance of a realizable future, if only we turn to the Lord. "Then they will pasture and lie down, and no one shall make them afraid."

(Living with Christ, February 2026) - Michael Dougherty

Readings:

1st Reading: Zephaniah 2.3; 3.12-13

2nd Reading: 1 Corinthians 1.26-31

Gospel: Matthew 5.1-12

The Beatitudes are well-known among both Christians and non-Christians. They have become the signature of the Christian message, forming the substance of Jesus' teaching. To call the poor, the mourning, the hungry, the persecuted "blessed" seems at first ludicrous — another upside-down move on God's part. When we realize that Jesus makes these pronouncements from the perspective of God's glory in which he himself shares, we realize that the poor, the mourning, the hungry, the persecuted are all identified with the Son of God who died on the cross: poor, despised and falsely condemned. It is Jesus' capacity to hold divinity and humanity in loving tension in his moment of death, which makes us truly blessed in all our afflictions.

- Which Beatitude connects to a real experience for you?
- How do you see blessedness operate in the experiences of life mentioned in the Beatitudes?
- Read Luke's version of the same event — Luke 6:20-26 — what are some similarities and differences, compared to Matthew's version?

(Reflection: Diocese of Saskatoon)

Tax Receipts 2025

Parishioners wanting to have their tax receipts received by email, please contact the office at secretary@stthomasmore.ca.

Weekly Mass Intentions: February 2 to February 8

Feb. 2	Mon	9:00am	Carmel Adviento (INT) Rodolfo O Rabe (RIP)
Feb. 3	Tue	9:00am	Irene Roxas (INT) David Williams (RIP)
Feb. 4	Wed	9:00am	Fernando & Juana Raguidin (RIP) Victorio Gutierrez (RIP)
Feb. 5	Thu	9:00am	Blanca Lopez Zamora (RIP) Joseph & Anna Tran (RIP)
Feb. 6	Fri	9:00am	Joseph Nguyen & Family (INT) Blanca Lopez Zamora (RIP)
Feb. 7	Sat	9:00am 4:00pm	Mark Velasco (INT) Joseph & Maria Nguyen (RIP) Samuel Sr. & Nelida Aldecoa (RIP)
Feb. 8	Sun	8:30am 10:30am 12:30pm 5:00pm	Lee Yet Kwong (RIP) Frankie Fernandes (RIP) Lourdes Parada (INT) Francis De Souza (RIP) Mario Zamora (RIP) For all parishioners (INT)

TOGETHER IN ACTION

The TIA 2026 is \$49,139.00
Collection up-to-date is \$2,403.00
Surplus funds will be used for new OCIA gowns.

Knights of Columbus
St. Thomas More Parish



SHROVE Pancake Breakfast

Sunday, February 15, 2026
After 8:30 & 10:30am Masses
\$8.00 per plate

Tickets Available Jan. 25, Feb. 1 & Feb. 8
After 8:30 & 10:30am Masses or
Contact Br. Gerry (text/phone) (403) 804-6702
Or email address shortpoz@gmail.com

The Jubilee Year of St. Francis

From **Jan. 10, 2026 to Jan. 10, 2027**, the Church marks a special **Jubilee Year of St. Francis of Assisi** on the 800th anniversary of his death. During this year, the faithful may obtain a **plenary indulgence** by fulfilling the usual conditions (Confession, Communion, prayer for the Holy Father, detachment from sin) and engaging in acts inspired by the Franciscan spirit, such as pilgrimage, prayer, works of charity and humble service.

Dates to Remember

- 1. Presentation of the Lord: Tue., Feb. 2, 2026**
Blessing of Candles during the 9am morning Mass.
- 2. Feast day of St. Blaise: Wed., Feb. 3, 2026**
Blessing of throats during the 9am Morning Mass.

Saint of the Week - February 3
Saint Blaise

Blaise is best known for the tradition of blessing throats linked to him. An Armenian bishop, Blaise suffered martyrdom during the persecution of Licinius, in the early 4th century. While little is known about him, it is said that religious oppression forced him to live as a hermit in a cave.

According to legend, Blaise performed a miraculous cure on a boy who was choking to death. Blaise has long been associated with cures for afflictions of the throat, and the blessing of throats may take place on this day in memory of him. He is a patron of wool-combers and of all who suffer from afflictions of the throat. He is also a patron of wild beasts, as legend suggests he had a remarkable calming influence on animals.

(Living with Christ, February 2026)

PILGRIMAGE TO AUSTRIA, CZECH REPUBLIC,
POLAND, SLOVAKIA & HUNGARY

Under spiritual guidance of Fr. Jerald D'Souza, OCD
Pastor of St. Thomas More Parish, Calgary, AB
Oct. 12 - 23, 2026 12 days CA\$5,190
(Taxes & Tips Incl.) for Calgary Departure
Visiting: Brno, Prague, Czestochowa, Krakow, Kosice,
Bratislava, Budapest, Vienna
CA\$90 OFF for non-credit card payment!

First Holy Communion Program 2026
Important Dates to Remember

Gathering #1	January 31	10am - 12noon 1pm - 3pm
Gathering #2	February 7	10am - 12noon 1pm - 3pm
Gathering #3	February 21	10am - 12noon 1pm - 3pm
Gathering #4	March 7	10am - 12noon 1pm - 3pm
Gathering #5	March 21	10am - 12noon 1pm - 3pm
Gathering #6	March 28	10am - 12noon 1pm - 3pm

RETREAT April 11 5pm - 7pm All Groups

REHEARSAL April 18 5pm-TBD All Groups

Catholic education has been a gift to our community for 140 years — and it needs our support today. The CCEF's Cash Raffle includes a \$5,000 **Early Bird Draw on February 6**, with funds staying local to support Catholic schools and students. Learn more and purchase tickets at www.theceffraffle.com