

St. Thomas More Parish: 15 Templebow Road NE, Calgary AB T1Y 6J3

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Pastor: pastor@stthomasmore.ca

Associate Pastor: associate@stthomasmore.ca

Parish Office: secretary@stthomasmore.ca | **Website:** www.stthomasmore.ca

Office Hours: Monday & Sunday - Closed
Tuesday to Saturday - 10:00am to 3:00pm (Office is closed for Lunch
from 12:30pm to 1:30pm)

A collaborative ministry of the Carmelite Fathers and Lay Parishioners



5th Sunday in Ordinary Time, February 7/8, 2026

Pastor:

Fr. Jerald D'Souza, OCD

Associate Pastor:

Fr. Alexander Braganza, OCD

Permanent Deacons:

Deacon Norman Dumais

Deacon Dale Laing

Office Assistant:

Rachael Ramaswamy

Administrative Assistant:

Fe Badajos

Bookkeeper:

Cindy Kreutzer

Hospitality:

Everyone in the Parish!

Weekday Mass Schedule:

Monday to Saturday: 9:00am

Weekend Mass Schedule:

Saturday: 4:00pm

Sunday: 8:30am, 10:30am,
12:30pm & 5:00pm

Igbo Mass:

First Sunday of the Month: 2:00pm

Adoration:

First Friday of the month:
9:30am to Noon

Reconciliation:

Tue., Wed., Thu., & Fri.:
After the morning Mass
Saturday: 2:30pm to 3:30pm

Baptisms:

An initial appointment with
one of the Priests is required
before attending a session.

Confirmation:

On-line registration is now open
at www.stthomasmore.ca

Society of St. Vincent De Paul:

(403) 975-4318 (Food Hampers)

WHEN I SHARED with my grandson the fact that the Creator of the whole universe had come to us in human form, he was in awe, as were the first Christians. It is, after all, a staggering thought, isn't it? We should be hanging on every word God has spoken; but strangely, we've grown accustomed to them.

Today's liturgy reminds us that Jesus, the Word of God, is the Light of the world, a light that shines through the darkness of our frail ideologies. The deepening world crises are proof that we can't get it right on our own. Collectively, we've tried everything except God's way: the way of love, compassion and forgiveness.

So why did God say, in Isaiah, "your light shall rise in the darkness"? Why did Jesus say, "You are the light of the world"?

All wisdom is God's wisdom. When we let it guide us, when we live by it, we begin to reflect his light by the way the moon reflects sunlight: as a pale reflection. St. Paul said humbly: "My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God." May the power of God light up our lives!

(Living with Christ, February 2026) - Eugene Aucoin

Readings:

1st Reading: Isaiah 58.6-10

2nd Reading: 1 Corinthians 2.1-5

Gospel: Matthew 5.13-16

Sentences beginning with "you are" are meant to demand our special attention. Part of Jesus' discourse following the Beatitudes, Jesus employs the images of salt and light to make a crucial point also made in the two previous readings for today: the way you live expresses or obscures the truth of God's love and mercy. In the words of the Redemptorist Priest Fr. Leo English, "you may be the only Bible someone reads today, so act it." God is to be manifest in all we do, think, and feel, as well as in the attitudes and motives which govern our behavior. St. Augustine reaffirms this notion that an impure, or violent thought is only slightly behind a thought becoming an action — so be aware of thy self.

- How do you try to be "salt of the earth"?
- Is your light hiding under a bushel basket or sitting on a lamp stand for all to see?
- What is the most challenging message for you in this passage?
- Who do you look up to, who lives a good "salty" life? How do they shine forth with the light of God in our world?

(Reflection: Diocese of Saskatoon)

Tax Receipts 2025

Parishioners wanting to have their tax receipts received by email,
please contact the office at secretary@stthomasmore.ca.

